

Name: _____

ID Number: _____

Maman 11: Empathy in the Classroom: Can Music Bring Us More in Tune with One Another?

1. After reading the title – look up the word empathy and write your definition – you can check it later when you have read some more.

Empathy = Empathy is being able to understand another person's feelings, thoughts and intentions. It is being able to understand their emotions as if they were our own.

(3 points)

Questions based on the abstract and paragraph 1

2. How does the writer suggest that the mechanisms of music can help develop empathy?

(Make sure you read to the end of par 1!!!)

The writer suggests that when creating music, playing or singing in tune with one another it creates empathic behavior as one is feeling with other people. Music-making can contribute to the development of empathy through its distinctive learning processes and connections with others.

(6 points)

3. What do you think? Do you think music can increase empathy?

I think music can increase empathy. Music is a way of expressing one's feelings and opinions and the more people sing and create music together, they understand that there are similarities between each other and this creates empathy for others.

Singing about a certain political decision or love creates empathy for others.

(6 points)

Questions based on paragraphs 2 – 6

4. What is the difference between **empathy** and **sympathy**? (The definition of sympathy is not in the text so use your dictionary or your general knowledge)

Empathy can be defined as a person's ability to recognize and share the emotions of another person. It is a feeling of care and understanding the way one feels at the present time. Sympathy is having concern for someone. It is having pity, feeling sorry and compassion when someone is going through a hard time.

(6 points)

5. What are the **common features** of the definition of empathy by Daniel Batson and that of Daniel Goleman?

(We won't accept that they both have the same first name ☺)

Daniel Batson and Daniel Goleman have common features for the definition of empathy. This includes: knowing another person's internal state, including thoughts and feelings, imagining how one would think and feel in the other's place, and feeling distress at witnessing another person's suffering.

(6 points)

6. Why, according to the theories of Batson and Goleman does empathy help people not to be bullies or aggressive?

According to the theories of Batson and Goleman, being empathetic helps people not to be bullies or aggressive as they are able to understand how one feels and are able to put themselves in the shoes of the person who is being attacked. They understand their distress and so this should stop one from bullying or being aggressive.

(6 points)

7. How can empathy help learning?

Empathy has a positive effect on learning. . Neuroscientists and psychologists have discovered that an optimal environment reflects an internal brain state well attuned for learning. Caring relationships in classrooms that include empathy can increase students' desire to learn. Research suggests that low-achieving students may benefit the most from caring and supportive relationships with their teachers. Students feel that they are cared for by others and this increases their learning.